

YMCA

Here for young people
Here for communities
Here for you

YMCA HEART OF

ENGLAND

YOUTH TEAM





WHO WE ARE

- A dedicated Youth & Community Team
- Experienced youth workers and practitioners
- Passionate about supporting young people aged 9-25
- Committed to inclusion, wellbeing, and opportunity for all



WHAT WE DO

- Deliver youth programmes and activities
- Provide safe spaces for young people
- Support personal development and wellbeing
- Build confidence, resilience, and life skills
- Offer guidance around friendships, education, and future pathways



OUR PROJECT AND PROGRAMMES

- We deliver a range of targeted and open-access programmes:
- Youth Leadership Collective
- Flourish Girls Programme
- Routes to Success (School Programme)
- Weekly Youth Clubs
- Employability & Sports Sessions



Youth Leadership Collective

- In collaboration with Warwick Arts Centre
- Young people use creative skills to develop leadership qualities
- Past projects include exhibitions in the Mead Gallery at Warwick Arts Centre
- This year, participants are creating a short film
- Builds confidence, teamwork, and project management skills
- Encourages youth voice and self-expression





FLOURISH GIRLS PROGRAMME

Funded by the Newfield Charitable Trust
Originally a four-day Easter programme, now adapted for
schools

- Targets girls aged 11–16 with low confidence and self-esteem
- Activities include crafts and arts
- Sessions cover -Protective behaviours,Positive relationships,Body image
- Social media awareness
- Focuses on building confidence, resilience, and self-worth





ROUTES TO SUCCESS

- 6-week schools programme in 3 schools in Coventry
- Covers practical life skills such as:
 - CV writing
 - Budgeting
 - Street first aid
- Helps pupils make informed decisions about their future
- Delivered in a fun, safe, and supportive environment
- Builds confidence, independence, and employability skills

(SCHOOLS
PROGRAMME)



YOUTH CLUBS (OPEN ACCESS)

- Two youth clubs per week
- Open access – free and inclusive for all young people
- Safe space to socialise, learn, and have fun
- Open all year round
- Employability & Sports Offer
- Employability programme attached to youth club sessions
- CV building, interview skills, confidence
- Regular sports sessions
- Promotes physical health and teamwork
- Supports holistic development



CLARION
FUTURES



SPORT
ENGLAND

THE HIGGS CHARITY

OUR IMPACT

- Total new young people (Apr 2025 – Mar 2026): 601
- Monday Youth (Allan Higgs): 107 new participants; 25–35 weekly attendance
- Thursday Youth (Clarion): 82 new participants; 20–30 weekly attendance
- Sport England-funded activities: 222 young people; included boxing, basketball, multi-sports, skateboarding; supported Thursday sessions and one-off activities
- Routes to Success (school mentoring): 153 young people; structured, targeted school interventions
- Smaller targeted programmes: Flourish – 22 participants; Youth Leadership Collective – 15 participants
- Overall: Combination of weekly youth provision, targeted programmes, and partnership-led activities; broad and varied reach across young people



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THANK YOU